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As a superhero, any of Glenview's six pillars would make a great superpower. However, if I had to choose one pillar to be my superpower, it would be caring. There would be many ways I could care that would make a difference in my community. However, the one I would like to focus on would be to care for elders that need assistance in their own homes.

There are many elders in our community that can't drive anymore. I would help run their errands. I could take their grocery list and shop for them, take their clothes to the cleaners, and bring their mail to the post office. Elders may need help with yard work. In the spring, I would help plant flowers. In the summer, I would mow the lawn. In the fall, I would rake the leaves. Finally, in the winter, I could shovel their driveway and sidewalks. Some elders may find it challenging to clean their own home. I could vacuum the carpet and mop the floor. I would dust ceiling fans that would be hard for them to reach. I can scrub the toilets and tubs so they wouldn't have to bend over. Some elders may not be familiar with the newest technology. I could teach them how to use Skype or Facetime on their phones so they could see their grandchildren. I can set up their DVR so that they can record shows that they enjoy watching. I can teach them about Amazon Alexa, so they can order things from online easily. Some elders may feel lonely. I would drop by with prepared dinners. Maybe play a board game or card game with them. Or just sit and talk about our day.

These are just a few ways I could care for our elders. Our elders have made this world a better place for us. The least we could do is to care for them and show our appreciation when they need our help.